

POST-OPERATIVE INSTRUCTIONS

RIGHT

LEFT









Acceptable Substitutions:
Gatifloxacin, Vigamox or Moxifloxacin



Acceptable Substitutions:
Pred Forte



Acceptable Substitutions:
Bromfenac, Ilevro or Bromsite

1 st WEEK	DAY AFTER SURGERY	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
 Besivance	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime
 Durezol	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime
 Prolensa	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime
2 nd WEEK	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
 Durezol	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime	<input type="radio"/> Breakfast <input type="radio"/> Lunch <input type="radio"/> Bedtime
 Prolensa	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime
3 rd WEEK	DAY 15	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	DAY 21
 Prolensa	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime	<input type="radio"/> Bedtime

*Mark out a circle for each drop you take

*The order you put drops in your eye does not matter, but be sure you space each medicine 5 minutes apart

*Shake bottle prior to use

***** Most patients are ok stopping Prolensa after 21 days. However, if your eye becomes red, scratchy, or irritated after stopping Prolensa, it is ok to use Prolensa for an additional 2 weeks. *****

POST-OPERATIVE INSTRUCTIONS

WEAR SHIELD AT NIGHT FOR ONE WEEK.

USE WARM WATER OR WARM SOAPY WATER TO CLEANSE AROUND EYE.

DO NOT RUB EYE FOR ONE WEEK.

KEEP EYE CLOSED WHILE SHOWERING FOR ONE WEEK.

DO NOT GET WATER IN THE EYE FOR ONE WEEK.

NO MAKE-UP AROUND EYE FOR ONE WEEK.

YOU MAY BEND AT THE WAIST IMMEDIATELY AFTER SURGERY TO PICK UP OBJECTS LESS THAN 15 POUNDS.

RESUME BLOOD THINNERS IMMEDIATELY AFTER SURGERY (SAME DAY).

YOU HAVE NO RESTRICTIONS AFTER ONE WEEK.

YOU MAY DRIVE WHEN YOU FEEL YOUR VISION IS ADEQUATE.

NO VIGOROUS EXERCISE (INCLUDING SWIMMING) FOR ONE WEEK.

YOU MAY RETURN TO WORK 5 DAYS AFTER SURGERY. ASK DOCTOR IF YOU WISH TO RETURN SOONER.

KEEP TIP OF DROPPER CLEAN AND DO NOT TOUCH TIP TO EYE OR ANY OTHER OBJECT.

YOU WILL EXPERIENCE A FOREIGN BODY SENSATION IN THE EYE FOR SEVERAL WEEKS AFTER SURGERY.

IT TAKES APPROXIMATELY ONE MONTH TO GET YOUR BEST VISION. YOUR VISION WILL BE BLURRED WHILE YOUR EYE IS HEALING.

YOUR EYE MAY BE DILATED FOR 2-3 DAYS AFTER SURGERY.

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