

Georgia Eye

ASSOCIATES

Georgia Eye Associates Newsletter

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Issue: #1

January/2015



Greetings!

Welcome to the first edition of the new year. At Georgia Eye Associates we are excited about things to come in 2015. Take a moment and read these brief articles to get important information about eye health and tips to keep you looking your best.

January is National Glaucoma Awareness Month

Glaucoma is a disease which, if left untreated, can cause blindness. It is often called a **silent illness** because most people don't notice the symptoms until significant damage is done. Fortunately, early detection and treatment (such as the new i-Stent available at Georgia Eye Associates) can help preserve your vision.



People who have a family history of glaucoma, are over 60 and/or are of African and Hispanic heritage are at higher risk for the disease. If you fall into one of these groups or have any symptoms, you should see your eye doctor. Those with no symptoms or risk factors should get a baseline screening at age 40. [Click here](#) for more information on Glaucoma.

Congratulations to Dr. Rabitsch...It's a Boy!!



Dr. Brigette Rabitsch recently welcomed a new member into her family. Her son, Joshua Luke, was born December 1, 2014, at 9:59 a.m. He weighed 8 lbs. 4 oz. and measured 19¼ inches long. Mom and baby are both doing well. She will be back in the Tucker office on March 2, 2015.



Many variables go into answering this question, but there are some best practice guidelines. Patients under age 40 who do not wear glasses or contacts should plan to be seen every two years. Patients 40 and older should be seen annually, as ocular conditions are known to increase with advancing age.

Patients at risk for eye conditions should ask their doctor about how often to be seen. Patients at risk include those who:

- have diabetes, high blood pressure, or a family history of ocular conditions (e.g., glaucoma, cataracts, diabetic retinopathy, macular degeneration)
- work in jobs that are visually demanding or include eye hazards
- take prescription or non-prescription drugs with ocular side effects
- wear contact lenses
- have had eye surgery
- have other health concerns or conditions

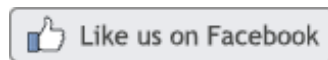
We Frame to Please

Remember the days when wearing glasses really cramped your style? Luckily those days are gone. At our practice-owned Optical Shoppes we carry hundreds of stylish, name brand frames to help you look your best. So, what should you look for in a frame? Try out these tips:



- Choose frames that you eyes are centered in if you have a strong prescription.
- Use contrast to flatter the shape of your face (i.e., try rectangular frames for rounder faces).
- Use bold, dark frames to draw attention away from features you don't like.
- Choose frames that point up at the corners to give the appearance of a mini facelift.
- Choose contrasting, fun colors to make the frame stand out.

Ask one of our highly trained Optical Shoppe professionals to help you choose the best frame for you. They'll have you looking and seeing great in no time! Also, take advantage of our coupon below for great savings.



Save 50% Get 50% off a complete frame* and lens package at the Lawrenceville and Tucker locations.

**Offer valid on select styles including but limited to Michael Kors and Kenneth Cole. Must present coupon at time of purchase.*